

Dig into pure comfort with our new Mushroom & Lentil Soup, transformed into a rich and savory Gardener's Pie layered over a bed of fluffy mashed potatoes with tender garden vegetables.



Ingredients:

- 4 cups Mushroom & Lentil Soup
- 1 tablespoon olive oil or butter
- · 2 tablespoons all-purpose flour
- 1 cup frozen peas and carrots mixture
- 1 cup frozen or fresh green beans, cut into 1-inch pieces
- 2-3 cups prepared fluffy mashed potatoes
- · Salt and black pepper to taste

Instructions:

- 1. Prepare the Mushroom & Lentil Stew: In a large saucepan, heat the olive oil or butter over medium heat. Whisk in the flour and cook for about 1 minute, stirring constantly, to create a roux.
- 2. Slowly pour in the Mushroom & Lentil Soup, whisking continuously to prevent lumps. Bring the mixture to a simmer, stirring occasionally until the soup thickens to a stewlike consistency.
- 3. Add the frozen peas and carrots and the green beans to the simmering soup. Stir well and cook for 5-7 minutes, or until the vegetables are tender-crisp.

- Season with salt and pepper to taste.
- 4. Assemble the Dish: Place the prepared fluffy mashed potatoes in the bottom of two or three individual bowls, or a single oven-safe baking dish. Spread the potatoes evenly to create a flat, fluffy base.
- 5. Carefully ladle the hot mushroom and lentil stew mixture over the mashed potatoes.
- 6. Serve immediately. For a beautiful presentation, you can garnish with fresh parsley or a sprinkle of paprika.

Tips for success:

- For the mashed potatoes: Use a ricer or a potato masher to get the creamiest, fluffiest mashed potatoes possible. Adding a little butter and warm milk to the potatoes while mashing will enhance their flavor and texture.
- To make it a true "pie": For a crispier topping, spread the mashed potatoes over the stew in an oven-safe dish, and bake at 375°F (190°C) for 15-20 minutes, until the top is golden and slightly crispy.
- Vary the vegetables: Feel free to add other vegetables like corn, chopped celery, or diced potatoes to the stew mixture for extra heartiness.

Mushroom & Lentil Roasted mushrooms, green lentils, carrots, onions, garlic, and celery offers a hearty option for a 0662466 2/8 lb.	Product	Description	Code #	Pack Size
Soup vegetarians and health-conscious consumers.	Mushroom & Lentil Soup	garlic, and celery offers a hearty option for a	0662466	2/8 lb.

LEGEND: (N) Dairy Free (K) Kosher (V) Vegan (V) Vegetarian



follow us @sandridgefood

www.sandridge.com

©/® Sandridge Crafted Foods October 2025