

# COUSCOUS WITH FETA AND MINT

Serving Suggestion

Tricolored couscous with feta, mint and parsley, finished with a lemon-oil vinaigrette.



Serving Suggestion

Nutrition Facts	
About 13 servings per container	
<b>Serving size</b>	<b>2/3 cup (139g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>310</b>
	<b>% Daily Value*</b>
Total Fat 18g	23%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 1010mg	44%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes <1g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.7mg	4%
Potassium 120mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

<b>Customer Reorder Number</b>	NA
<b>Product Code</b>	0240728
<b>Product UPC</b>	NA
<b>Pack Size</b>	2 x 4 LB POUCHES

Case UPC	Net WT	Gross WT	Case Dimensions	Cube	TI	HI	Total Cases
00072106072847	8.00 lb	8.45 lb	11.375" (L) x 8.125" (W) x 5.750" (H)	0.30 cu ft	20	6	120

INGREDIENTS: COOKED TRICOLOR COUSCOUS (COUSCOUS [WHEAT FLOUR, SPINACH POWDER, TOMATO POWDER, NATURAL COLOR]), EXPELLER PRESSED CANOLA OIL, GREEN ONIONS, SPICES, LEMON JUICE, FETA CHEESE ([PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES]), POWDERED CELLULOSE [TO PREVENT CAKING], NATAMYACIN [TO PROTECT FLAVOR]), CONTAINS LESS THAN 2% OF SPEARMINT, SALT, EXTRA VIRGIN OLIVE OIL WITH LEMON OIL.

CONTAINS: MILK, WHEAT.

DOES NOT CONTAIN DETECTABLE BIOENGINEERED GENETIC MATERIAL.



CODE DATE DESCRIPTION: Coding is a use by date on the case label, the container or embossed on the pure pack gable heat seal in MM/DD/YY format.

STORAGE INSTRUCTIONS: Store and transport at 33-38 degrees Fahrenheit.

INFORMATION SUBJECT TO CHANGE. PLEASE REFER TO ON PACKAGE LABEL FOR MOST CURRENT INFORMATION.



www.sandridge.com

© Sandridge Crafted Foods

<b>Date: 05.01.2024</b>	<b>Updated By: Samantha Sampson</b>
<b>Supersedes: 09.07.2021</b>	<b>Update Reason: Updated spec format.</b>



# COUSCOUS WITH FETA AND MINT

Serving Suggestion

Allergen Matrix		
	CONTAINS	USED IN FACILITY
Crustacean	N	Y
Egg	N	Y
Fish	N	Y
Milk	Y	Y
Peanut	N	Y
Sesame	N	Y
Soy	N	Y
Tree Nuts	N	Y
Wheat	Y	Y

  

Other Food Sensitivity	
Sulfites	NA

100g Unrounded	
Calcium (mg)	33.6537
Carbohydrates (g)	22.9771
Cholesterol (mg)	2.8022
Calories (kcal)	226.3704
Fat (g)	13.0505
Saturated Fat (g)	1.4769
Trans Fatty Acid (g)	0.0033
Dietary Fiber (g)	1.3071
Iron (mg)	0.5480
Potassium (mg)	88.3350
Protein (g)	4.2519
Sodium (mg)	726.1687
Total Sugars (g)	0.7816
Added Sugar (g)	0.0000
Vitamin D (mcg)	0.0000

## Case Label

PERISHABLE – KEEP REFRIGERATED

### Couscous with Feta and Mint

INGREDIENTS: COOKED TRICOLOR COUSCOUS (COUSCOUS [WHEAT FLOUR, SPINACH POWDER, TOMATO POWDER, NATURAL COLOR]), EXPELLER PRESSED CANOLA OIL, GREEN ONIONS, SPICES, LEMON JUICE, FETA CHEESE ([PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], POWDERED CELLULOSE [TO PREVENT CAKING], NATAMYACIN [TO PROTECT FLAVOR]), CONTAINS LESS THAN 2% OF SPEARMINT, SALT, EXTRA VIRGIN OLIVE OIL WITH LEMON OIL.

CONTAINS: MILK, WHEAT.

SANDRIDGE CRAFTED FOODS,  
MEDINA, OHIO 44256

**0240728**

USE BY:  
**06/20/2024**

For more information please call 800.627.2523 or visit [www.sandridge.com](http://www.sandridge.com)

0728



REMOVE FROM POUCH  
PRIOR TO RETAIL SALE

2-4 Lb Pouches  
NET WT 8 LB (3.63 kg)

Microbiological	
Standard Plate Count	100,000/g
Yeast and Mold:	100/g